



Blendon Township Senior Center Newsletter MAY 2026

Welcome Message from the Director...

As the warmer weather arrives, we're excited to welcome a busy and engaging month of May here at the Senior Center. Our first Flea Market Friday was a wonderful success, and we are looking forward to our next **Flea Market on June 5 at 4:00pm.**

We have a full day planned in celebration of Mother's Day, featuring live entertainment and special activities to honor the important women in our lives. In addition, don't miss our **Annual Art Show on May 7 from 4:00–7:00pm.** This special evening is a wonderful opportunity to experience and celebrate the many artistic talents within our community.

Please join us on **Monday, May 25** as we honor our service men and women at our **Memorial Day Ceremony and Lunch** at the Senior Center from 11:00 AM to 1:00 PM. Kindly note that, in observance of the holiday, the Senior Center will be closed for all other activities.

Be sure to check out the rest of this newsletter for more details on these events and several other activities and programs we have planned.

Happy memories!

Val
Valerie Shaw, Senior Center Director
vshaw@blendontwp.org



Adventures await! Reserve your spot!

**Shipshewana, Indiana Amish Country—August 4-6, 2026
(3 Days, 2 Nights) \$465**

Explore the Amish Countryside and tour of an Amish Homestead.
Experience a scenic bison wagon tour and admission to "*Loves comes Softly*" at the Blue Gate Theater.



**Biltmore Estate, Dollywood, Smoky Mountains, and Historic Downtown Gatlinburg—
September 14-18, 2026
(5 Days, 4 Nights) \$910**

Visit and tour the historic sites of the Biltmore Estates, Dollywood and Downtown Gatlinburg.
Experience two performances, *Country Tonite* & *Paula Deen's Lumberjack Feud Show*.

For more information, stop by the Blendon Senior Center Office for a brochure and book your reservation.

PROGRAM UPDATES

CHAIR DANCE ZUMBA - We have contracted a DivaDance instructor for our new Chair Dance Class starting in June. Look for more details in the June-July Newsletter.

BIBLE STUDY - Bible Study will continue on Wednesdays at 10:00 AM as a group conversation. We welcome members to drop in and join this meaningful time of fellowship and discussion. We are truly grateful for Mark's time, faith, and dedication in leading the class.

CRAFTY MONDAY - This class will be led by featured crafters from the Ohio Craft Crop. The classes will be held on the following days:

May 11 from 12:30-1:30 PM

June 29 from 12:30-1:30 PM

We will continue to host Craft Workshops on Fridays as scheduled. The next workshop is scheduled for **May 15**.

NEW MEMBER CONNECTION: We are excited to introduce a new Pen Pal Connection program, designed to connect with members who are not able to attend the Senior Center. Led by Christine Gerst, who brings a strong background in journalism and writing, this program offers a meaningful way to stay engaged. We invite anyone interested to join us in writing cards and letters to those who would appreciate a personal connection. **Monday, May 18 at 10:00 am is our first meeting.**

SNACK-N-CHATS



RESPONDING TO DEMENTIA-RELATED BEHAVIORS

When: Monday, May 4

Time: 2:00-3:00 PM

This presentation details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.



BLENDON TOWNSHIP CHIEF OF POLICE, JOHN BELFORD "HOW TO RECOGNIZE AI AND AI SCAMS"

When: Thursday, May 14

Time: 2:00-3:00 PM

Join us as Chief Belford shares valuable insights on how to recognize artificial intelligence and identify AI-related scams we may encounter in our busy daily lives. Learn practical tips to stay informed, protect yourself, and navigate today's rapidly changing digital world with confidence.



OSU PRESENTATION: BULLYING

When: Wednesday, May 27

Time: 2:00-3:00 PM

What is bullying? Join us to learn what behaviors are considered bullying and how to recognize and respond to them effectively. This session will provide practical strategies for dealing with difficult or harmful behaviors in a respectful and confident way.

LUNCH & LEARNS



LUNCH & LEARN: ALL HEALTH CARE SUPPORT “Welcoming Caregivers into Your Home”

When: Wednesday, May 6
Time: 11:00 AM - 12:30 PM

We will be discussing the importance of welcoming caregivers into the home and how this support can enhance safety, independence, and overall quality of life. The conversation will also explore how families can build trust with caregivers, including what to look for in a provider and how to feel confident and secure when receiving care services at home.



Senior Living and Care Solutions

LUNCH & LEARN: SENIOR CARE AUTHORITY “Beyond Driving with Dignity”

When: Wednesday, May 13
Time: 11:30AM - 12:30 PM

Discover how to navigate the transition from the driver’s seat with 'Beyond Driving with Dignity,' a compassionate session focused on maintaining independence and safety. Join us for the eye-opening presentation to better understand how physical changes affect driving and explore proactive solutions for your future.



LUNCH & LEARN: GREENLAWN CEMETARY “Funeral Planning & Cemetery Property”

When: Wednesday, May 20
Time: 11:00AM-12:30 PM

We will be discussing the important elements involved in funeral planning and cemetery property, along with how real-life experiences can influence the decisions and preparations needed during these times.

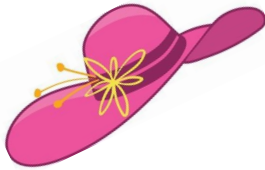


LUNCH & LEARN: ROSIE’S HOUSE

When: Monday, May 27
Time: 11:00-12:30 PM

Join us to learn how Rosie’s House supports seniors through the challenges of selling a home, moving, and downsizing. Find out how you can clean out, update, or renovate your home with no commissions, fees, or costs when partnering with Rosie’s House.

SPECIAL EVENTS & ACTIVITIES



KENTUCKY DERBY DAY

When: Friday, May 1

Hat Decorating - Starting at 10:30 AM *sponsored by Kim Rose Craft Crop*

Kentucky Derby Lunch - Noon *prepared by Chef Eileen and Crew*

Kentucky Derby Hat Contest - During Lunch *judged by Exact Medicare Team*

Kentucky Derby Race - 1:00 PM *sponsored by Avalon Senior Living*

This is the perfect opportunity to create your very own Kentucky Derby hat! Kim, Lead of the Crop Group, will provide the hats and decorations. You bring your creativity. We will decorate together for a fun and festive time. Get ready to show off your style and celebrate the Derby in true fashion during our Kentucky Derby Lunch! Sheizka and Team will vote for the best hat, while Chas from Avalon preps for the BIG RACE.



BLENDON SENIOR CENTER ANNUAL ART SHOW

When: Thursday, May 7

Time: 4:00-7:00 PM

Join us for a special evening celebrating the incredible talents within our community! Enjoy a variety of artwork created by our Senior Center members, including paintings, wood carvings, jewelry, and other unique pieces. Watch artists and woodcarvers in action. Enjoy live performances from our talented musicians. Light hors d'oeuvres and refreshments will be served. Reservations requested by calling the front office at (614) 882-1260.



MOTHER'S DAY FESTIVITIES - May 8

- * Create a Mother's Day Bouquet: 10:30 AM *sponsored by Exact Medicare*
- * Ballet Performance: 11:45 AM *Blendon Senior Center Ballet Class*
- * Special Mother's Day Lunch: 12:15 AM *prepared by Chef Eileen & Crew*
- * Live Musical Performance: 1:00 PM Live entertainment by Cristin Kelly & Cathy Foley

Let's kick off the celebration by creating beautiful bouquets with our creative partner, Sheizka Komala from Exact Medicare! Please bring one dozen flowers and a vase of your choice—we'll provide the greenery. Sheizka will guide you step-by-step in designing a stunning arrangement, perfect for Mother's Day. At 11:45 AM, enjoy a lovely ballet performance by the Blendon Senior Center class led by Becky Denbow, followed by a musical performance by Cristin Kelly and Cathy Foley. Celebrate Mother's Day by bringing that special someone who honors you—whether as a mom or someone who has lovingly taken on that role. Together, we'll recognize and appreciate all the care, support, and dedication you give every day.

Please be sure to register both you and your guest for lunch.

PEN PAL MEET UP

When: May 13

Time: 9:45-10:45 AM

We finally get to meet our Huber Ridge Pen Pals! The students are equally excited to come together and meet their pen pal before the school year ends and summer begins. This special gathering is a wonderful opportunity to connect, share stories, and celebrate the friendships built through letters. We can't wait!



SPECIAL EVENTS & ACTIVITIES



HUBER RIDGE CHOIR PERFORMANCE

When: Friday, May 15
Time: 11:30 AM

The Huber Ridge Choir will entertain our members before lunch on Friday, May 15! Stay and enjoy a delicious lunch, followed by a fun-filled afternoon with Bingo and a featured craft. It's a full day of music, food, and fellowship you won't want to miss!



MEMORIAL DAY CEREMONY

When: Monday, May 25
Time: 11:00 AM - 1:00 PM



Join us this Memorial Day as we come together to honor and remember those who gave their lives in service to our country and fought for our freedom. The event will feature a special slideshow highlighting the rich history of Blendon Township, along with a commemorative booklet detailing key historical events in the township's past. Copies of the booklet are available by request. If you would like to reserve a copy of the booklet, please call the Senior Center at (614) 882-1260. **Deadline is May 15.**



COMMUNITY EVENT: FLEA MARKET & FAMILY MOVIE NIGHT

When: **Friday, June 5 (new date)**
Setup Time: 3:00 PM
Flea Market Opens: 4:00-6:00 PM
Movie: 7:00-8:30 PM

We'll kick off the evening with our Flea Market at 4:00 pm, Enjoy some delicious hotdogs and burgers before wrapping up the night with a family-friendly movie "UP" beginning at 7:00pm. Popcorn and 50/50 raffle! All are welcome to attend, so bring your friends and family (and lawn chairs/blankets) for a fun-filled evening.

DAILY TRIPS



CARLISLE GIFTS SPRING FASHION SHOW

When: Monday, May 18
Departure Time: 9:00 AM
Cost: \$42/Ticket

Only a few tickets left! If you would like to attend the Carlisle Gifts Fashion Show at Der Dutchman in Plain City, please visit the Senior Center to purchase your tickets. Tickets are \$42 and include a meal, giveaways, and exclusive discounts at the shop located on the Der Dutchman campus. **Activity Level 1**




COLUMBUS CLIPPERS SENIOR DAY

When: Thursday, May 21
Departure Time: 9:00 AM Game Time: 12:05 PM
Location: Huntington Park
Cost: \$8/Ticket, includes a box lunch and transportation

If you would like to attend a fun-filled day of baseball and friends, stop by the Senior Center to reserve your ticket. Limited seating. Payment is required at sign up. A box lunch is included. **Registration deadline is May 14. Activity Level 2**

FRIDAY LUNCHES

Please join us for lunch on Fridays and be sure to check the box on the registration form. If you need to make a reservation at a later date or **purchase a lunch gift card for a friend**, please call the Senior Center front office at (614) 882-1260. Lunch is served at **NOON in the multi-Purpose Room**. Fee is \$5.00 (unless otherwise specified).

- **May 1** - Kentucky Derby Lunch and Sweet Dessert
- **May 8 - Mother's Day Special.** Grilled Chicken, Rice Pilaf, Green Bean Casserole, Roll and Dessert. **LUNCH WILL BE SERVED AT 12:15 PM**
- **May 15 - BIRTHDAY BASH** Cheeseburgers, Onion Rings, and Baked Beans.  Birthday. Dessert *sponsored by Kat Wright, Century21*
(11:30am - Huber Ridge Choir performance)
- **May 22** - Soup and Salad Bar with Sweet Breads and Dessert
- **May 29** - Chili Dogs, Sweet Potato Fries and Cooked Apples, *Dessert of the Month prepared by Deb VonVille.*

FUN FRIDAY ACTIVITIES

MAY

May 1:

- ◆ Kentucky Derby Hat Decorating: 10:30 AM *sponsored by Kim Rose, Craft Crop*
- ◆ Kentucky Derby Hat Contest: Lunchtime *judging by Exact Medicare Team*
- ◆ Kentucky Derby Horse Racing: 1:00 PM *sponsored by Chas Alliston, Avalon Senior Living*

May 8:

- ◆ Make a Mother's Day bouquet with Sheika from Exact Medicare: 10:30 AM
- ◆ Mother's Day special dance performance by our talented ballet dancers starting: 11:45 AM
- ◆ Live Music performance by Cristin Kelly and Cathy Foley: 1:00 PM

May 15:

- ◆ Huber Ridge Choir Sing-A-Long: 11:30 AM
- ◆ Bingo: 1:00 PM
- ◆ Featured Crafter: 2:15 PM

May 22:

- ◆ Trip to Graeter's Westerville and a stroll downtown Westerville: 1:00 PM

May 29:

- ◆ Summer Jam Kick-off: 1:00 PM *sponsored by All Home Care*

MORNING MINGLE SPONSORS

May 5 - Senior Care Authority
May 12 - Right At Home
May 19 - Village Caregiving
***Sentinel Hearing Tests**
May 26 - Panther Senior Advisors
Blood Pressure Check

*By appointment only. Please schedule your hearing appointment in the Senior Center Front Office.

BLENDON BELLES LADIES

MAY - THE GRAINERY & BAR & CHEESE HOUSE

When: Thursday, May 7
Departure Time: 11:00 AM - 2:30 PM

Enjoy a charming atmosphere, delicious bites, and wonderful company as we spend time together exploring this unique local spot in Plain City. Whether you're in it for the cheese, the shopping, or the conversation—there's something for everyone! We hope you'll join us for this fun and flavorful outing! **Activity Level 1**

WELLNESS SERVICES

NEW Align Health Balance and Fall Assessments: First Friday of each Month from 9:00-10:00 AM. Please call the Center at (614) 882-1260 to schedule an appointment. **May 1**

10-minute Chair Massage by Tiffanie: Schedule appointment by calling the Senior Center front office at (614) 882-1260. Cost: \$13/10-minute session. **May 6**

Foot Care: Schedule an appointment with Lauren by calling (937) 738-1761. Cost is \$45/session. **May 11 & 12 at the Blendon Senior Center.**

NEW Full Body Massages by Align Health at the Senior Center: Third Monday of each month. Please call the Center at (614) 882-1260 to schedule an appointment. **May 18.**

Hearing Assessment by Sentinel Hearing: Third Tuesday of each month from 9:00 AM - 3:00 PM. Please call the Center at (614) 882-1260 to schedule an appointment. **May 19**

Blood Pressure Checks: The last Tuesday of each month during Morning Mingle. **May 26**

Recumbent Bike Available! The Recumbent Bike is available in the Wellness Room for member use. A sign-up schedule is posted in the room in 30-minute increments. **Please review all safety protocols and operating instructions prior to use.** When you are finished exercising, be sure to power off the bike. Thank you for helping us keep our equipment in great condition for everyone to enjoy!

Activities & Programs

Art—Open Studio

All mediums of painting and drawing are done in a casual atmosphere. This class is for the beginner and advanced artists.

Days	Time	Fee
Mondays	9:15am-12:00pm	No Charge

Art with Janet

Join the fun and learn the basics of drawing and watercolor.

Days	Time	Fee
Wednesdays	10:00-12:00pm	No Charge

Bid Euchre

A card game based on the game Euchre. Primary differences are the number of cards dealt, absence of undealt cards, the bidding and scoring process.

Days	Time	Fee
Tuesdays	1:00-4:00pm	No Charge
Thursdays	1:00-4:00pm	No Charge

Blendon Belles Lunch

All female members are welcome to join. Each month these wonderful ladies will gather together for lunch around the Columbus area.

Days	Time	Fee
May 7, Thursday	11:00am-2:00pm	\$3 gas

Blendon Book Club

This group is facilitated by Westerville Library staff. Please join in sharing your thoughts on hand-picked books each month.

Days	Time	Fee
May 26, Tuesday	3:00-4:00pm	No Charge

**Due to the Memorial Day holiday, Book Club will be held on May 26.*

NEW BRIDGE

Bridge is a card game played with four players in two partnerships. Players use strategy, teamwork, and communication (through bidding) to win tricks. All levels welcome to play!

Days	Time	Fee
Mondays	10:00am-Noon	No Charge

Bible Study Group

We welcome members to drop in and join this meaningful time of fellowship and discussion.

Days	Time	Fee
Wednesdays	10:00-11:00am	No Charge

BUNCO

A fun dice game with twelve or more players, divided into groups of four, trying to score points while taking turns rolling three dice in a series of six rounds.

Days	Time	Fee
Mondays	2:00-3:00pm	No Charge

Crafty Monday

A fresh twist on our original Crafty Monday! Each month, a featured crafter will lead a unique and creative project for you to enjoy making.

Days	Time	Fee
May 11, Monday	12:30-1:30pm	No Charge

Diamond Painting

Whether you're continuing a masterpiece or beginning something new, this relaxing and creative class is the perfect way to spend your afternoon. All skill levels welcome!

Days	Time	Fee
May 5, Tuesday	12:30pm	No Charge

Euchre

Come join the fun playing the traditional version of Euchre. All levels welcome.

Days	Time	Fee
Tuesdays	1:00pm	No Charge

Hand & Foot Card Game

A version of Canasta in which each player is dealt two sets of cards known as the "Hand" & the "Foot".

Days	Time	Fee
Mondays	9:30am-12:30pm	No Charge

Hand, Knee & Foot Card Game (Triple Play)

A version of Canasta in which each player is dealt three sets of cards known as the “Hand”, “Knee”, & “Foot”. This requires more cards and rounds to win than Hand & Foot.

Days	Time	Fee
Wednesdays	1:00-4:00 pm	No Charge

Friday Activities & Events:

Join us before and after lunch for lots of fun and excitement with the various events below:

Days	Time
May 1, Kentucky Derby Hat Decorating May 1, Horse Racing	10:30 am 1:00 pm
MOTHER'S DAY EVENTS May 8, Make a Bouquet May 8, Ballet Performance May 8, Live Music Performance	10:30 am 11:45 am 1:00 pm
May 15, Bingo May 15, Featured Crafter	1:00 pm 2:15 pm
May 22, Graeter's Ice Cream Trip	1:00 pm
May 29, Summer Jam Kickoff	1:00 pm

Mahjong Tile Game

Mahjong is a traditional Chinese tile-based game of skill, strategy, and luck, played by four players to form a winning hand. Join us every Thursday at 1:00pm for Mahjong! Be sure to bring your 2026 card.

Days	Time	Fee
Thursdays	1:00pm	No Charge

If you would like to learn how to play, call the Senior Center front office to schedule lessons.

Morning Mingle

Come and enjoy the company of others with a hot beverage, pastries, and good conversation.

Days	Time	Fee
Tuesdays	9:30-10:30am	No Charge

Mystery Breakfast

You are invited to join others as we travel together to a mystery local restaurant. If you are taking the bus, there will be a \$3 gas charge.

Days	Time	Fee
Thursday, May 14	8:45am	\$3

Mystery Lunch

Hop on the Senior bus with friends and see where it takes you for lunch! If you are taking the bus, there will be a \$3 gas charge.

Days	Time	Fee
Thursday, May 28	11:15am	\$3

NEW - Pen Pal Member Connection

This program is designed to connect with members who are not able to attend the Senior Center by writing cards or notes to them.

Days	Time	Fee
May 18, Monday	10:00-11:00am	No Charge

Poker

This is your chance to practice your poker face while playing with friends. All levels welcome.

Days	Time	Fee
Wednesdays	1:00-3:00pm	No Charge

Quarter Bingo

Grab your quarters and join us at the center for a this fun version of Bingo.

Days	Time	Fee
Wednesdays	3:00-4:00 pm	No Charge

Quilt Class

Learn to quilt and sew to help with the Linus Project for children in need, or start a quilt for yourself.

Days	Time	Fee
Tuesdays	2:00-3:30pm	No Charge

Train Dominoes

Ready to challenge your domino skills? The object is to play all of your dominoes onto one or more chains emanating from a central hub.

Days	Time	Fee
Fridays	9:00-11:30am	No Charge

Wood Carving 101

Discover the world of wood carving. New and experienced carvers are welcome. There are experienced carvers willing to teach the techniques and tools needed.

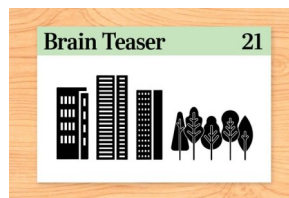
Days	Time	Fee
Mondays	9:00-11:00am	No Charge
Thursdays	9:00-11:00am	No Charge

Writing Guild

If you enjoy the craft of writing, join us every third Tuesday to share your creativity.

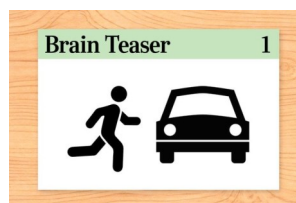
Days	Time	Fee
May 19, Tuesday	1:00-2:00pm	No Charge

DID YOU SOLVE THE PUZZLES?



What has cities, but no houses; forests, but no trees; and water; but no fish?

Answer: A Map



A man pushes his car to a hotel and tells the owner he's bankrupt. Why?

Answer: He's playing Monopoly and he does not have enough for money to pay the rent. He's "bankrupt".

WELCOME GLENDA! Please join us in welcoming Glenda as the new Administrative Assistant at the Senior Center. She brings a diverse background in administration and public relations, with experience at both the township and state levels, serving as a public information officer and public relations specialist. In addition, Glenda has extensive experience in customer relations and event coordination, which will be a valuable asset in her new role. We are excited to have her on our team and look forward to introducing her to you later this month.

TRANSPORTATION UPDATE

With the generous support of **Franklin County Senior Options**, we are pleased to offer transportation services for Senior Center members. Rides are available to and from the Center, as well as to doctor appointments, pharmacies, and grocery stores throughout Franklin County.



To schedule a ride, please call the office at (614) 882-1260 at least 24 hours in advance.

Please note: The last ride from the Center is at 4:00 PM. If you require transportation that will extend beyond this time, be sure to arrange alternate transportation.

2026 Fee Schedule:

Trips to the Senior Center

Blendon Township Members: Free
Non-resident Members: \$4.00 roundtrip

Trips to Appointments:

Blendon Township Members: \$4.00 roundtrip
Non-residents Members: \$8.00 roundtrip

Health & Fitness

10-minute Chair Massage w/Tiffanie

Sign up at the Senior Center to reserve a spot. Appointment times begin at 9:00 am and last appointment is at 2:00 pm.

Days	Time	Fee
Monday, May 4	By Appt. Only	\$13/10 mins.

Beginners Ballet: Strength, Stretch & Tone

Learn basic foundational steps while strengthening, stretching, and toning. Poise, posture, and gracefulness will follow. Wear ballet slippers or soft-soled shoes.

Days	Time	Fee
Wednesdays	10:00-11:00 am	\$2 per class
Monday, May 11	Noon-1:00 pm	\$2 per class

NEW - Align Health Massages at the Center

For your convenience, Align Health is now scheduling full body massages at the Center every third Monday of the month. Call (614) 824-2633 to schedule an appointment.

Days	Time	Fee
Monday, May 18	By Appt. Only	Based on service

Chair Yoga

This class includes stretching, balancing, and strengthening. Breathing exercises and meditation are also part of the class. Please bring a yoga mat, strap, and foam blocks.

Days	Time	Fee
Wednesdays	1:00-2:00 pm	\$11 per class

Chair Volleyball

A fun and interactive game that increases your endurance and muscle strength. A beach ball is used and participants stay seated.

Days	Time	Fee
Tuesdays	10:30 am	No Charge
Thursdays	11:00 am	No Charge

Exercise with Sarah

A low-impact class that offers a variety of toning and strength exercises. You are welcome to use your own hand weights if you prefer.

Days	Time	Fee
Mondays	1:00-2:00 pm	No Charge

Foot Care Clinic

This service includes foot assessment, nail trimming, thinning, filing, corn and callus reduction. **Call (937) 738-1761 to schedule.**

Days	Time	Fee
Monday, May 11 Tuesday, May 12	By Appt. Only	\$45

Line Dancing

Learn line dancing to all types of music and increase your endurance and coordination while having a fun time!

Days	Time	Fee
Fridays - Beginner	9:15 am	\$2/class
Friday - Improver	10:15 am	\$2/class
May 8 - Improver	10:15-10:45 am	\$2/class

Meditation Class

This class aims to relax, reflect, focus and become more aware of your mind and body through breathing exercises, mantras, and gentle movements.

Days	Time	Fee
Tuesdays	Noon-1:00pm	No Charge

Ping Pong

Come join in the fun with other members as we play a casual game of PING PONG!

Days	Time	Fee
Tuesdays	11:30am-1:00pm	No Charge
Thursdays	9:00-10:00am	No Charge

SilverSneakers® Balance & Stability

This 6-week Balance & Strength class focuses on improving stability and mobility through targeted exercises for the ankles, knees, and hips. Participants will gain practical tips for fall prevention and instruction on how to safely get up from a fall. The class is designed to reduce fall risk, build strength, and support overall confidence in movement. **\$3 for those without SilverSneakers®.**

Days	Time	Fee
Tuesdays	3:30-4:15pm	\$3 if applicable

**Please keep in mind, we cannot transport after 4:00pm*

SilverSneakers®

The SilverSneakers® Classic Class offers specific exercises to improve cardio and balance. Appropriate for all fitness levels. **\$3 for those without SilverSneakers®.**

Days	Time	Fee
Thursdays	1:00-2:00pm	\$3 if applicable

Tai Chi

A graceful form of exercise that involves a series of movements performed in a slow and focused manner while deep breathing.

Days	Time	Fee
Tuesdays	1:00-2:00pm	No Charge
Thursdays	10:00-11:00am	No Charge

Our Sincere Condolences...



On behalf of the Blendon Senior Center Community, we extend our sincere condolences to the Cox Family (DeWayne). DeWayne was very active at the Senior Center and he will be missed dearly. We also extend our condolences to the Lomano Family (Pat), the McGraw Family (Rita), and the Marcum Family (Carol) for their loss.

MARK YOUR CALENDAR



**CARLISLE GIFTS
SPRING FASHION
SHOW—Ladies Day Out!**

Date: Monday, May 18

Doors Open at 11 AM

Location: Der Dutchman Banquet Hall

Cost: \$42/Ticket, includes show and lunch

Departure from the Center: 9:15 AM
Returning to the Center: 2:30 PM

For ticket information, call the Senior Center at (614) 882-1260



**Inniswood
Metro Gardens
SPRING PLANT
SALE**



Saturday, May 2, 8 AM-4 PM
Sunday, May 3, 11 AM-3 PM

Shop early for best selection!

Inniswood Metro Gardens
940 S. Hempstead Road
Westerville, OH 43081



MARK YOUR CALENDAR



family
MOVIE NIGHT
Flea Market opens at 4
AT THE BLENDON SENIOR CENTER

FRIDAY, JUNE 5
4:00 - 8:30 PM

EVENT HIGHLIGHTS

- 4-6PM: FLEA MARKET
- 51 HOTDOG/BURGER
- ICE CREAM
- 7-8:30PM: MOVIE NIGHT

FEATURING THE MOVIE "Up"

Bring the family for a night filled with laughter and fun! Don't forget your lawn chairs & blankets

FOR MORE INFORMATION & TO REGISTER: CALL (614) 882-1260



JOIN US!

JUNE 18
3:30-5:00 PM

SUMMERTIME SWING

BRIAN LANG & COMPANY

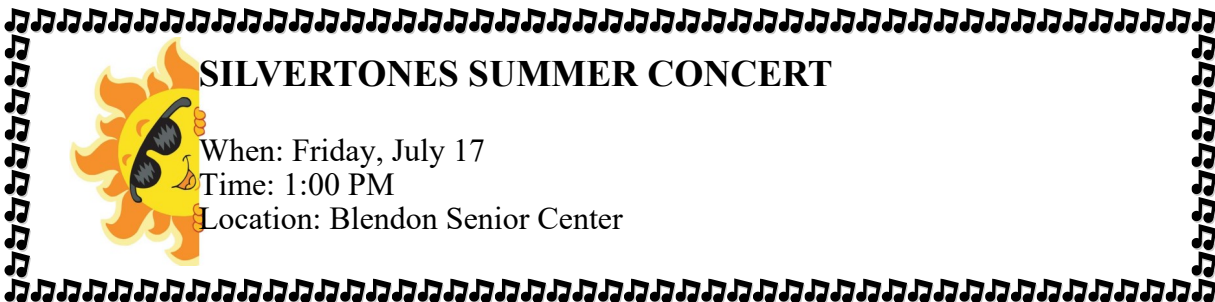
CO-HOSTED BY:
Blendon Senior Center
and
Brookdale Senior Living



4th of July Cookout!

Join us in celebrating the 4th of July on **Saturday, June 27**, as the **Center will be closed on July 3**. This allows you to spend July 4th with your friends and family while still celebrating this memorable holiday with us!

Join us for an outdoor event featuring a **live band**, great company, and plenty of patriotic fun. Be sure to bring your lawn chairs and relax while enjoying the outdoor entertainment.



SILVERTONES SUMMER CONCERT

When: Friday, July 17
Time: 1:00 PM
Location: Blendon Senior Center

HAPPY BIRTHDAY!

MAY BIRTHDAYS!

Peggy	Thomas	May 1
Fonda	Alexander	May 1
Mary	Hebblethwaite	May 2
Roberta	Barringer	May 5
Bernard	Cattrell	May 5
Todd	Walter	May 5
Greta	Diggs	May 7
Sandy	Pfeifer	May 7
Mike	Laipply	May 7
Santa	Berlioz	May 8
Cheryl	Roush	May 9
Joe	Fischer	May 9
Virginia	Coe	May 9
Marla	Little	May 9
Mercy	Rajasekaran	May 10
Jo	Ducey	May 11
Angela	Manno	May 14
Joan	Ballard	May 15
Fran	Hobbs	May 15
Rose	Smith	May 16
Norma	Ditrich	May 16
Rebecca	McIntyre	May 16
Judith	Parks	May 16
Martha	Faison	May 18
Lynn	Champney	May 19
Pam	Warner	May 20
Marcia	Wiles	May 21
Cloya	Slack	May 23
Dave	Rudisille	May 23
Dorothy	Hawkes	May 24
Barbara	Moseley	May 24
Deb	Rudy	May 26
Elle	Feth	May 27
Mary Ann	Able	May 27
Nancy	Coxe	May 27
Janet	Brown	May 28
Mott	Given	May 29
Sharon	Bates	May 29
Judy	Rogers	May 31
Charlotte	Danninger	May 31
Bruce	Langner	May 31



Please join us in celebrating the **MAY** birthdays on **FRIDAY, MAY 15** during lunch starting at noon.

Did you know? Coloring is highly therapeutic for older adults. It promotes mindfulness, reduces stress and anxiety, improves fine motor skills, and provides a calming, creative outlet. It stimulates brain function, offering a low-stress activity that helps alleviate boredom and can even improve focus and memory recall in older adults. **HAPPY COLORING!**





Blendon Community Senior Center
6330 S. Hempstead Road
Westerville, OH 43081
May 2026

Senior Center Staff:

Valerie Shaw, Director
Glenda Mihaly, Administrative Assistant
Travis Hunt, Transportation
Eileen Klinger, Kitchen Manager & Cook

**(614) 882-1260 | www.blendontwp.org | Hours 8:30am-4:30pm Monday-Friday
Funded by Blendon Township, Members, & Franklin County Senior Options**