



Blendon Township Senior Center Newsletter MARCH—APRIL 2026

Welcome Message from the Director...

Hello Spring!

What a winter it has been! Despite the snow and frigid days, we managed to preserve our sanity and have plenty of fun here at the Senior Center. A special thank you to my amazing staff, the Blendon Township “snow warriors” who faithfully cleared the snow and ice each day, and our dedicated volunteers who braved the cold to keep our programs and events running smoothly. Your efforts were truly appreciated.

The months are flying by, and it’s hard to believe spring is just around the corner. Our mahjong and euchre groups continue to grow, and we are excited to introduce several returning favorites in March and April, including **Bridge** and **Diamond Painting**. I’m excited to share we have added **Dance Chair Yoga** and **Flea Market Fridays** to our programming. (see details inside). Come try us out!

I look forward to making new memories and sharing plenty of laughs as we explore new activities and upcoming trips together—especially those celebrating and recognizing **America250**.

Enjoy all the blessings spring shines upon us!



Val

Valerie Shaw, Senior Center Director

Mark your calendars!

Breakfast with the Easter Bunny
Egg Hunt begins promptly at 9:15 am
Saturday, March 28, from 9:00–11:00 am
RSVP by March 25 to (614) 882-1260



Blendon Township Senior Center Health & Wellness Fair
Wednesday, April 8 from 9:00 am–Noon
Open to the Public
Admission is FREE
Vendors and healthcare professionals onsite to answer your questions.



FRIDAY LUNCHES

If you would like to join us for lunch on Fridays, please check the box on the registration form. If you need to make a reservation at a later date, please call the Senior Center front office at (614) 882-1260. Lunch is served at **NOON in the multi-Purpose Room**. Fee is \$5.00 (unless otherwise specified).

March 6 - Broccoli & Cheddar Soup in a Bread Bowl, Salad, and Dessert



March 13 - Fish & Chips and Coleslaw, and Dessert

March 20 - BIRTHDAY BASH Mac & Cheese, Pineapple Casserole, and Birthday Dessert

March 27 - Tuna Casserole, Green Beans, Roll, and Dessert

April 3 - Cheese Ravioli Casserole, Salad, Roll, and Dessert



April 10 - Chef's Salad, Muffin, and Dessert

April 17 - BIRTHDAY BASH Taco Bake, Rice & Beans, and Dessert

April 24 - Meatball Sub, Chips, Fruit, and Dessert

FRIDAY ACTIVITIES

MARCH

March 6:

- ◆ Morning Bingo: 10:00 AM
- ◆ Wheel of Fortune: 1:00 PM

March 13:

- ◆ Afternoon Bingo: 1:00 PM
- ◆ Featured Crafter: 2:15 PM

March 20:

- ◆ **NEW** Flea Market Friday*:
10:00 AM – 1:00 PM
- ◆ Movie Matinee: 1:00 PM

March 27:

- ◆ Morning Bingo: 10:00 AM
- ◆ March Madness Tailgate: 1:00 PM

APRIL

April 3:

- ◆ Easter Egg Hunt: 1:00 PM

April 10:

- ◆ Bingo: 1:00 PM
- ◆ Featured Crafter: 2:15 PM

April 17:

- ◆ **NEW** Flea Market Friday*:
10:00 AM – 1:00 PM
- ◆ Movie Matinee: 1:00 PM

April 24:

- ◆ Morning Bingo 10:00 AM
- ◆ Cake Walk: 1:00 PM

*Looking for a great opportunity to start downsizing? Join us for **Flea Market Fridays!** We will provide one 6-foot table and a chair for you to display items you wish to sell. Limited space available at this time. First-come First-serve. More details to follow.

Set-up: Begins at 9:00 am

Shopping Hours: 10:00 am – 1:00 pm

Clean-up: All items must be removed by 1:30 pm

Please note: Any items left behind after 1:30 pm will be discarded.

If you are interested in selling items, please sign up in the Senior Center front office. Come sell, shop, and enjoy the fun!

MORNING MINGLE SPONSORS

March 3 - Smith's Mill
March 10 - All Health Care Support
March 17 - ST. PATRICK'S DAY Breakfast -
Our Home Senior Living
March 24 - *Sentinel Hearing Sponsor & Tests
March 31 - All Health Care Support

April 7 - Gracie Bloom
April 14 - Inniswood
April 21 - Westerwood
*Sentinel Hearing Tests
April 28 - **Blood Pressure Check**

*By appointment only. Please schedule your hearing appointment in the Senior Center Front Office.

BLENDON BELLES LADIES

MARCH - CRACKER BARREL (SUNBURY)

When: Thursday, March 5

Departure Time: 11:15 AM - 1:30 PM

Get ready for a day of comfort food and shopping for that special someone! As part of this outing, we will also be supporting our local WARM food pantry. We kindly ask each participant to bring a canned good donation. Please drop off your item prior to loading the bus. **Activity Level 1**

APRIL - BJ'S BREWHOUSE & WHOLE FOODS SHOPPING (EASTON)

When: Thursday, April 2

Departure Time: 11:15 AM - 2:00 PM

Enjoy a delicious meal from BJ's extensive menu, offering something for everyone. After lunch, save room for a sweet treat (and a bit of shopping) at Whole Foods Market, conveniently located across the parking lot. **Activity Level 1** (seating is available for those who might need to rest)

WELLNESS SERVICES

10-minute Chair Massage by Tiffanie: Schedule appointment with by calling the Senior Center front office at (614) 882-1260. Cost: \$13/10-minute session.

Blood Pressure Checks: The last Tuesday of each month during Morning Mingle.

Foot Care: Schedule an appointment with Lauren by calling (937) 738-1761. Cost is \$45/session. **March 9 and 10. April 13 and 14 at the Blendon Senior Center.**

Balance and Fall Assessments: Awaiting schedules from OT and PT. We will post the schedule as soon as it becomes available.

Hearing Assessment by Sentinel Hearing: Third Tuesday of each month from 9:00 AM - 3:00 PM. Please call the Center at (614) 882-1260 to schedule an appointment.

Recumbent Bike Now Available! The Recumbent Bike is now available in the Wellness Room for member use. A sign-up schedule is posted in the room in 30-minute increments. **Please review all safety protocols and operating instructions prior to use.** When you are finished exercising, be sure to power off the bike. Thank you for helping us keep our equipment in great condition for everyone to enjoy!

MYSTERY BREAKFASTS & LUNCHESES



MYSTERY BREAKFAST
Depart at 8:45 AM

Thursday, March 12
Thursday, April 9



MYSTERY LUNCHESES Depart at
11:15 AM

Thursday, March 19
Thursday, April 16

CRAFTY MONDAYS – 12:30-1:30 PM



Get creative and have fun with friends! Join us for **Crafty Monday** and enjoy hands-on projects led by talented Elsie Hunt. All skill levels welcome—just bring your creativity and we'll provide the rest. Come make something special and brighten your day!

MARCH 2 and APRIL 6

DIAMOND PAINTING – 12:30-1:30 PM



DIAMOND PAINTING IS BACK! Join Kathy Harrison at the Senior Center to start your next Diamond Painting project. Whether you're continuing a masterpiece or beginning something new, this relaxing and creative class is the perfect way to spend your afternoon. All skill levels welcome!

MARCH 3 and APRIL 7

TRANSPORTATION

Transportation Reminder

With the generous support of **Franklin County Senior Options**, we can offer rides for Senior Center members. We provide transportation to the center, doctor appointments, pharmacies, and grocery stores throughout Franklin County. Call Travis Hunt at (614) 882-1260 at least 24 hours in advance to schedule a ride.

2026 Fee Schedule:

Trips to the Senior Center

Blendon Township Members: Free

Non-resident Members: \$4.00 roundtrip

Trips to Appointments:

Blendon Township Members: \$4.00 roundtrip

Non-residents Members: \$8.00 roundtrip



LUNCH & LEARNS



LUNCH & LEARN: BLENDON TOWNSHIP MINI-SERIES - PART 2 JOURNEY FROM CONNECTICUT TO OHIO

When: Wednesday, March 11

Time: 11:00 AM - 12:30 PM

Journey with us from Connecticut to Ohio as we trace the footsteps of our first settlers, share personal letters about pioneer life, recount stories of early interactions with Native Americans, and learn interesting facts about our township's history. Discover how these beginnings shaped the community we know today. Attendees will receive an America250 pin and map of the original homesteads.



LUNCH & LEARN: SMOOTH TRANSITIONS

When: Wednesday, March 18

Time: 11:00AM - 12:30 PM

This is a true trifecta of services—real estate expertise, senior living guidance, and professional move management—all working together for you. This powerful collaboration is ready to share trusted advice, helpful resources, and practical ideas to make your transition to a new home smooth, organized, and stress-free.



LUNCH & LEARN: THE GIFT OF PREPAREDNESS

When: Wednesday, March 25

Time: 11:00AM-12:30 PM

Are you prepared for life's unexpected emergencies? Join us for an enlightening session where Kim shares her personal journey navigating the healthcare system and offers practical guidance on creating an essential tool: a Grab and Go Binder.

SNACK-N-CHATS



EMPOWERED AGING: CRISIS CARE & PLANNING - AVOIDING COSTLY MISTAKES

When: Monday, March 2

Time: 2:00-3:00 PM

This practical and easy-to-understand session explains the common mistakes families make when planning is delayed until a crisis occurs - such as outdated documents, do-it-yourself forms, and missed benefit opportunities.



RESPONDING TO DEMENTIA-RELATED BEHAVIORS

When: Monday, March 9

Time: 2:00-3:00 PM

This session details common behavior changes and how they are a form of communication, non-medical approaches to behaviors, and recognizing when additional help is needed.

SNACK-N-CHATS



CONSUMER PROTECTIONS

When: Monday, March 23

Time: 2:00-3:00 PM

Speakers from the Ohio Consumers' Counsel and the Senior Medicare Patrol will be giving a joint presentation on common utility scams and Medicare fraud. Join us to learn more about common scams and how to protect your personal information and money.



OSU PRESENTATION: EYE HEALTH & VISION LOSS

When: Thursday, March 26

Time: 2:00-3:00 PM

Loretta will share expert tips on eye health and how to prevent potential vision loss. She will also discuss the importance of annual exams.



HOW TO PROTECT YOUR ASSETS BEFORE ENTERING ASSISTED LIVING

When: Thursday, April 9

Time: 2:00-3:00 PM

With proper education and planning you can often protect your primary residence, property, and assets. Come learn the legal tools to help protect your home and assets. Don't delay—timing is essential!



DEMENTIA: COMMUNICATING EFFECTIVELY

When: Monday, April 13

Time: 2:00-3:00 PM

Communicating Effectively teaches how dementia affects communication. Learn some helpful tips for communicating well with family, friends, and healthcare professionals.



WHAT MAKES US DIFFERENT FROM OTHER HOMECARE SERVICES?

When: Monday, April 20

Time: 2:00-3:00 PM

Our *Travel Care Services* set us apart. We provide trained, compassionate caregivers who care for your loved one while you enjoy your vacation — whether that means staying home with them or traveling alongside you.



HEALTHY KENTUCKY DERBY SNACKS & APPS WORKSHOP

When: Monday, April 27

Time: 2:30-3:30 PM **Cost:** \$8

Join us as we kick off the celebration with delicious (and healthy!) snacks, appetizers, and mocktails while we prepare for the BIG race.

EVENTS & OUTINGS



CHILI COOK-OFF & SALSA SHOWDOWN!

When: Monday, March 16
Time: 11:30 AM -12:30 PM

Join us for a fun and flavorful Chili Cook-Off! Do you have a favorite SALSA recipe? Now's the time to share it! Bring your best chili and/or salsa for everyone to taste and enjoy. Prizes will be awarded for 1st, 2nd, and 3rd place in both the chili and salsa categories. It's sure to be a HOT time — so bring the heat and join the fun! Registration required. Please sign up in the front office. **Deadline is March 12.**



HAPPY ST. PATRICKS DAY BREAKFAST!

When: Tuesday, March 17
Time: 9:30 - 10:30 AM

Join us during Morning Mingle for a special St. Patrick's Day Breakfast! Wear your green and come ready to celebrate with good food, great company, and a little Irish cheer. We look forward to celebrating with you!



90's CLUB GET-TOGETHER

When: Monday, March 30
Time: 10:30 AM -12:30 PM

Attention Members Age 90 and Better! We need your special assistance in helping us congratulate and recognize the incredible volunteers of the Blendon Township Senior Center. Their hard work, dedication, and countless hours of service throughout the year make our Center such a wonderful place to be. Please join the volunteers for the recognition luncheon as we honor and celebrate them for all they do. We look forward to celebrating together!



VOLUNTEER LUNCHEON

When: Monday, March 30
Time: 11:30 AM -12:30 PM

If you have volunteered at the Senior Center, please join us for a delicious luncheon in celebration of YOU! (And remember — you may not volunteer at this event!) We look forward to recognizing the many hours, talents, and dedication you have given to the Senior Center. We truly could not accomplish all that we do without your generosity and support.



HEALTH & WELLNESS FAIR

When: Wednesday, April 8
Time: 9:00 AM -12:00 PM

Join us as we bring the community together for our annual Health & Wellness Fair! With 29+ vendors participating this year, you'll have the opportunity to learn about a wide range of services, resources, and wellness options available to you. Enjoy complimentary blood pressure checks, receive free wellness advice from professionals, and enter to win exciting raffle prizes. We look forward to seeing you there for a morning focused on health, education, and community connection!



PART 3: BLENDON TOWNSHIP MINI-SERIES - FINAL SESSION AMERICAN REVOLUTION IN THE OHIO COUNTRY

When: Wednesday, April 15

Time: 9:30 AM - 3:00 PM

Cost: TBD based on participation

The Ohio Statehouse will come alive with an American Revolution encampment where visitors can step back in time to experience the sights and sounds of a late 18th-century military camp. Members will see Captain Joseph Ogle's Company of the Ohio County, Virginia Militia in action and feel the energy of the Heritage Fife and Drums as they fill the air with the stirring music of the Revolution.

ACTIVITY LEVEL 2 (includes a great deal of walking and standing)



CARFIT IS COMING TO THE CENTER!

When: Wednesday, April 22

Time: 9:00 AM -12:00 PM

CarFit is a **FREE** educational service designed to help drivers improve the "fit" of their vehicles for maximum comfort and safety. In just 20 minutes, trained technicians will help ensure you are properly positioned and "fitting" safely in your vehicle. **Registration is required.** Please stop by the Senior Center Office or call (614) 882-1260 to reserve your spot.



IT'S THRIFTING TIME!

When: Wednesday, April 22

Time: 9:30 AM – 3:00 PM

Get ready for a fun day of bargain hunting and treasure finding! We'll be visiting several local thrift stores to shop for unique finds, great deals, and hidden gems. We'll also stop for lunch along the way to relax and recharge before continuing our adventure. Grab your shopping bags and join us for a day of thrifting fun! **ACTIVITY LEVEL 1**



COOKBOOK CLUB

When: Thursday, April 23

Time: 11:30 AM - 12:30 PM

Pick out your favorite recipe and start cooking. If you don't see a favorite recipe in this book, you are welcome to bring your own favorite dish and share the recipe with the group on April 23. Happy Cooking!



LIFE LINE SCREENING

When: Thursday, April 30

Call to schedule an appointment: 1-800-324-9458. Be sure to mention **PROMO CODE: HABC001 for discounted rate.**



JUNGLE JIM'S DAY TRIP ADVENTURE

When: Thursday, April 30

Departure Time: 9:00 AM

Cost: TBD based on participation.

Let's take a day trip to Jungle Jim's International Market! Spend the day together shopping, sampling delicious eats, and exploring the unique and lively atmosphere. It's a great opportunity to enjoy good company and a fun adventure! **ACTIVITY LEVEL 2 (includes a great deal of walking)**

Activities & Programs

Art—Open Studio

All mediums of painting and drawing are done in a casual atmosphere. This class is for the beginner and advanced artists.

Days	Time	Fee
Mondays	9:15am-12:00pm	No Charge

Art with Janet

Join the fun and learn the basics of drawing and watercolor.

Days	Time	Fee
Wednesdays	10:00-12:00pm	No Charge

Basic Bible Study

Casual non-threatening discussion on various biblical topics. Everyone is welcome to share their opinions and thoughts as we learn together. Bring a Bible or borrow one of ours.

Days	Time	Fee
Wednesdays	10:00-11:00am	No Charge

Bid Euchre

A card game based on the game Euchre. Primary differences are the number of cards dealt, absence of undealt cards, the bidding and scoring process.

Days	Time	Fee
Tuesdays	1:00-4:00pm	No Charge
Thursdays	1:00-4:00pm	No Charge

Blendon Belles Lunch

All female members are welcome to join. Each month these wonderful ladies will gather together for lunch around the Columbus area.

Days	Time	Fee
March 5, Thursday	11:15am-2:00pm	\$3 gas
April 2, Thursday	11:15am-2:00pm	\$3 gas

Blendon Book Club

This group is facilitated by a staff from the Westerville Library.

Days	Time	Fee
March 23, Monday	3:00-4:00pm	No Charge
April 27, Monday	3:00-4:00pm	No Charge

NEW BRIDGE

Bridge is a card game played with four players in two partnerships. Players use strategy, teamwork, and communication (through bidding) to win tricks. All levels welcome to play!

Days	Time	Fee
Mondays	10:00am-Noon	No Charge

BUNCO

A fun dice game with twelve or more players, divided into groups of four, trying to score points while taking turns rolling three dice in a series of six rounds.

Days	Time	Fee
Mondays	2:00-3:00pm	No Charge

Crafty Monday

This activity offers various craft projects presented by Elsie.

Days	Time	Fee
March 2, Monday	12:30-1:30pm	Based on Project
April 6, Monday	12:30-1:30pm	Based on Project

RETURN: Diamond Painting

Whether you're continuing a masterpiece or beginning something new, this relaxing and creative class is the perfect way to spend your afternoon. All skill levels welcome!

Days	Time	Fee
March 3, Tuesday	12:30pm	No Charge
April 7, Tuesday	12:30pm	No Charge

Euchre

Come join the fun playing the traditional

Days	Time	Fee
Tuesdays	1:00pm	No Charge

version of Euchre. All levels welcome.

Hand & Foot Card Game

A version of Canasta in which each player is dealt two sets of cards known as the "Hand"

Days	Time	Fee
Mondays	9:30am-12:30pm	No Charge

Hand, Knee & Foot Card Game (Triple Play)

A version of Canasta in which each player is dealt three sets of cards known as the “Hand”, “Knee”, & “Foot”. This requires more cards and rounds to win than Hand & Foot.

Days	Time	Fee
Wednesdays	1:00-4:00 pm	No Charge

Friday Activities & Events:

Join us before and after lunch for lots of fun and excitement with the various events below:

Days	Time
March 6, Morning Bingo March 6, Wheel of Fortune	10:00 am 1:00 pm
March 13, Afternoon Bingo March 13, Featured Crafter	1:00 pm 2:15 pm
March 20, NEW: FLEA MARKET FRIDAY March 20, Movie	10:00 am -1:00 pm 1:00 pm
March 27, Morning Bingo March 27, March Madness Tailgate	10:00 am 1:00 pm
April 3, Easter Egg Hunt	1:00 pm
April 10, Afternoon Bingo April 10, Featured Crafter	1:00 pm 2:15 pm
April 17, NEW: FLEA MARKET FRIDAY April 17, Movie	10:00 am -1:00 pm 1:00 pm
April 24, Morning Bingo April 24, Cake Walk	10:00 am 1:00 pm

Mahjong Tile Game

Join us every Thursday at 1:00pm for Mahjong! Be sure to bring your 2026 card.

Days	Time	Fee
Thursdays	1:00pm	No Charge

Morning Mingle

Come and enjoy the company of others with a hot beverage, pastries, and good conversation.

Days	Time	Fee
Tuesdays	9:30-10:30am	No Charge
March 17	ST. PATTY'S DAY BREAKFAST	

Mystery Breakfast

You are invited to join others as we travel together to a mystery local diner. If you are taking the bus, there will be a \$3 gas charge

Days	Time	Fee
March 12, Thursday	8:45-10:00 am	\$3
April 9, Thursday	8:45-10:00 am	\$3

Mystery Lunch

Hop on the Senior bus with friends and see where it takes you for lunch! If you are taking the bus, there will be a \$3 gas charge.

Days	Time	Fee
March 19, Thursday	11:15 am-1:00 pm	\$3
April 16, Thursday	11:15 am-1:00 pm	\$3

Poker

This is your chance to practice your poker face while playing with friends. All levels welcome.

Days	Time	Fee
Wednesdays	1:00-3:00pm	No Charge

Quarter Bingo

Grab your quarters and join us at the center for a this fun version of Bingo.

Days	Time	Fee
Wednesdays	3:00-4:00 pm	No Charge

Quilt Class

Learn to quilt and sew to help with the Linus Project for children in need, or start a quilt for yourself.

Days	Time	Fee
Tuesdays	2:00-3:30pm	No Charge

Train Dominoes

Ready to challenge your domino skills? The object is to play all of your dominoes onto one or more chains emanating from a central hub.

Days	Time	Fee
Fridays	9:00-11:30am	No Charge

Wood Carving 101

Discover the world of wood carving. New and experienced carvers are welcome. There are experienced carvers willing to teach the techniques and tools needed.

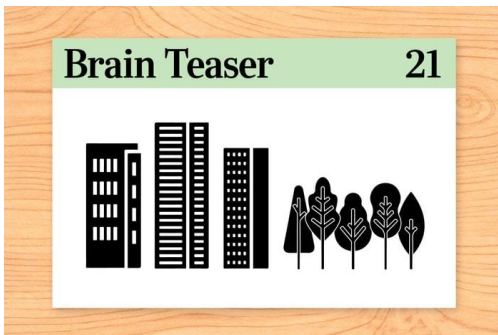
Days	Time	Fee
Mondays	9:00-11:00am	No Charge
Thursdays	9:00-11:00am	No Charge

Writing Guild

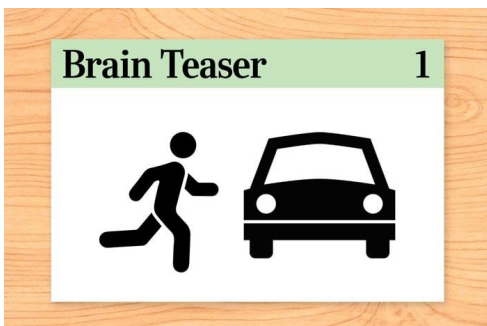
If you enjoy the craft of writing, join us every third Tuesday to share your creativity.

Days	Time	Fee
March 17, Tuesday	1:00-2:00pm	No Charge
April 21, Tuesday	1:00-2:00pm	No Charge

IT'S TIME FOR BRAIN TEASERS!



What has cities, but no houses; forests, but no trees; and water, but no fish?



A man pushes his car to a hotel and tells the owner he's bankrupt. Why?

Health & Fitness

Beginners Ballet: Strength, Stretch & Tone

Learn basic foundational steps while strengthening, stretching, and toning. Poise, posture, and gracefulness will follow. Wear ballet slippers or soft-soled shoes.

Days	Time	Fee
Wednesdays	10:00-11:00 am	\$2 per class
Mon, April 6 & 13	Noon-1:00 pm	\$2 per class

10-minute Chair Massage w/Tiffanie

Sign up at the Senior Center to reserve a spot. Appointment times begin at 9:00 am and last appointment is at 2:00 pm.

Days	Time	Fee
March 2, Monday	By Appt. Only	\$13/10 mins.
April 6, Monday	By Appt. Only	\$13/10 mins.

Chair Yoga

This class includes stretching, balancing, and strengthening. Breathing exercises and meditation are also part of the class. Please bring a yoga mat, strap, and foam blocks.

Days	Time	Fee
Wednesdays	1:00-2:00 pm	\$11 per class

Chair Volleyball

A fun and interactive game that increases your endurance and muscle strength. A beach ball is used and participants stay seated.

Days	Time	Fee
Tuesdays	10:30 am	No Charge
Thursdays	11:00 am	No Charge

NEW - Dance Chair Yoga

Get moving and have fun with Dance Chair Yoga! This energizing class combines gentle yoga stretches with upbeat music and easy-to-follow dance movements — all from the comfort and support of a chair.

Days	Time	Fee
Monday	2:30-3:30 pm	\$5 per class

Exercise with Sarah

A low-impact class that offers a variety of toning and strength exercises. You are welcome to use your own hand weights if you prefer.

Days	Time	Fee
Mondays	1:00-2:00 pm	No Charge

Foot Care Clinic

This service includes foot assessment, nail trimming, thinning, filing, corn and callus reduction. **Call (937) 738-1761 to schedule.**

Days	Time	Fee
March 9, Monday March 10, Tuesday	By Appt. Only	\$45
April 13, Monday April 14, Tuesday	By Appt. Only	\$45

Line Dancing

Learn line dancing to all types of music and increase your endurance and coordination while having a fun time!

Days	Time	Fee
Fridays-Beginner	9:15-10:15am	\$2 per class
Fridays-Improver	10:15-11:15am	\$2 per class

Meditation Class

This class aims to relax, reflect, focus and become more aware of your mind and body through breathing exercises, mantras, and gentle movements.

Days	Time	Fee
Tuesdays	Noon-1:00pm	No Charge

Ping Pong

Come join in the fun with other members as we play a casual game of PING PONG!

Days	Time	Fee
Tuesdays	11:30am-1:00pm	No Charge
Thursdays	9:00-10:00am	No Charge

SilverSneakers® Balance & Stability

This 6-week Balance & Strength class focuses on improving stability and mobility through targeted exercises for the ankles, knees, and hips. Participants will gain practical tips for fall prevention and instruction on how to safely get up from a fall. The class is designed to reduce fall risk, build strength, and support overall confidence in movement. **\$3 for those without SilverSneakers®.**

Days	Time	Fee
Tuesdays	3:30-4:15pm	\$3 if applicable

SilverSneakers®

The SilverSneakers® Classic Class offers specific exercises to improve cardio and balance. Appropriate for all fitness levels. **\$3 for those without SilverSneakers®.**

Days	Time	Fee
Thursdays	1:00-2:00pm	\$3 if applicable

Tai Chi

A graceful form of exercise that involves a series of movements performed in a slow and focused manner while deep breathing.

Days	Time	Fee
Tuesdays	1:00-2:00pm	No Charge
Thursdays	10:00-11:00am	No Charge

Our Sincere Condolences...

On behalf of the Blendon Senior Center Community, we extend our sincere condolences to the Schultz Family (Bob) and the Becker Family (Henry). These gentleman will be missed dearly at the Center.



JULY 4TH CELEBRATION

AMERICA



We will be celebrating the 4th of July on **Saturday, June 27**, as the Center will be closed on

July 3. This allows you to spend July 4th with your friends and family while still celebrating this memorable holiday with us!

Join us for an outdoor event featuring a **live band**, great company, and plenty of patriotic fun. Be sure to bring your lawn chairs and relax while enjoying the outdoor entertainment.

Food and beverages will be available. More details to follow — stay tuned!



SYMBOL SETS SOLUTION



SYMBOL SETS

WHICH SQUARES HAVE THE IDENTICAL SET OF SYMBOLS ON THEM?



SEASONSINTEL.COM

ANSWER:

Squares 6 & 11

HAPPY BIRTHDAY!



MARCH BIRTHDAYS!

Barbara	Charles	Mar 01
Joyce	Kroninger	Mar 02
Peggy	Moorehead	Mar 02
Carol	Buffum	Mar 03
Marlea	Braden	Mar 03
Marsha	Weyrick	Mar 03
Cheri	Rodenfels	Mar 04
John	Holmes	Mar 06
Marilyn	Thomason	Mar 07
Diane	Howells-Turf	Mar 08
Robin	VanSchepen	Mar 11
Ruth-Anne	Foley	Mar 11
Diane	LaBadie	Mar 11
Mary	Obyc	Mar 12
Ronda	Brown	Mar 12
Kenichiro	Matsuda	Mar 13
Kay	Greisen	Mar 15
Barbara	Billhardt	Mar 16
Mary	Whitehead	Mar 17
Maria	Strait	Mar 19
Donna	Kade	Mar 20
Judie	Behling	Mar 20
Patricia	Matthews	Mar 21
Robin	Daniels	Mar 21
Jerry Lou	Yoakum	Mar 22
Byron	Houchins	Mar 22
Joann	Burkholder	Mar 23
Kathy	Harrison	Mar 24
Michael	Drakulich	Mar 24
Wayne	Gillman	Mar 26
Kathy	Wright	Mar 26
Ann	Lauer	Mar 29
Barbara	Pyles	Mar 31
Kathy	Michel	Mar 31

APRIL BIRTHDAYS!

Peter	Potok	Apr 02
Barbara	Keneipp	Apr 03
Janet	Pickett	Apr 03
Cheryl	Kelly	Apr 03
Marjorie	Fredrickson	Apr 04
Nancy	Hissong	Apr 05
Lori	Ashbrook	Apr 06
Debora	Armstead	Apr 06
Diana	Phelps	Apr 07
Teresa	Clark	Apr 08
Roxie	Ball	Apr 10
Tonia	Caserta	Apr 11
Brenda	Hinds	Apr 12
Cathy	Long	Apr 12
Judith	Roe	Apr 13
Sally	Turner	Apr 14
Jan	Heichel	Apr 14
Darice	Allard	Apr 16
Winkie	Bukey	Apr 16
Patricia	Clous	Apr 16
Don	Gilmer	Apr 17
Lois	Beachler	Apr 18
Linda	Skripac	Apr 19
Janet	Tenney	Apr 21
Sally	Stuthard	Apr 21
Pat	Balassone	Apr 21
Carol	Bell	Apr 22
Lavonne	Tisch	Apr 22
Anthony	Indiciani	Apr 23
Lorna	Ellis	Apr 23
Kathy	Curtis	Apr 25
Mary	Anderson	Apr 25
Pamela	Sweet	Apr 25
Erwin	Ruth	Apr 26
Barb	McGhee	Apr 29
Becky	Dehus	Apr 30
Sue	Shields	Apr 30

Please join us in celebrating the
MARCH birthdays on **MARCH 20**
during lunch starting at noon.

Please join us in celebrating the
APRIL birthdays on **APRIL 17**
during lunch starting at noon.

HAPPY SPRING!

FOLLOW THE NUMBERS

Find the path from one flower to the other by following the numbers from 1 to 55.



3	1	2	4	10	13	12	17	23	5	29	51
3	2	9	5	9	10	11	21	19	16	9	50
4	3	6	7	8	26	12	13	14	15	26	49
5	4	5	6	9	4	13	19	41	42	24	48
24	23	22	21	10	15	14	39	40	43	14	47
6	24	4	20	11	16	20	38	9	44	45	46
12	25	5	19	18	17	6	37	20	45	21	3
45	26	27	28	20	12	10	36	37	46	47	11
14	27	4	31	32	33	34	35	10	3	48	22
38	28	29	30	15	8	23	52	51	50	49	33
8	29	30	31	27	30	54	53	7	51	16	28
17	30	31	32	18	22	55	9	13	52	53	25





Blendon Community Senior Center
6330 S. Hempstead Road
Westerville, OH 43081
March & April 2026

Senior Center Staff:

Valerie Shaw, Director

Madison Macklin, Sr. Administrative Assistant

Travis Hunt, Transportation/Program Assistant

Eileen Klinger, Kitchen Manager & Cook

**(614) 882-1260 | www.blendontwp.org | Hours 8:30am-4:30pm Monday-Friday
Funded by Blendon Township, Members, & Franklin County Senior Options**